A Study on Menarche and Fertility among the Ladiya of Sagar District, Madhya Pradesh

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ABSTRACT The present paper attempts to provide certain information on menarcheal age and fertility among the Ladiya, a sub-group of the Chamar community residing in Pathariya Jat village of Sagar district, Madhya Pradesh. The average age at menarche among the Ladiya is found to be 13.55 ± 0.12. Mean menarcheal age among the pre and post-menopausal women are 13.70 ± 0.15 and 13.09 ± 0.19 respectively, which shows the upward trend in premenopausal group. The adolescent sterility indicates an inverse relation with menarcheal age, while the relationship between the menarche and fertility exhibits no definite trend. Variation in the onset of menstrual cycle seems to have played its role for differential fertility among the Ladiya women.